

TAROT 101

EASY TIPS FOR BEGINNERS



The Bay Wit(c)h



#1

TAKE A DEEP BREATH

BEFORE YOU PICK THE CARDS, TAKE A FEW DEEP BREATHS. TRY TO RELAX YOUR BODY AND QUIET YOUR MIND. ALLOW YOUR THOUGHTS TO COME AND GO FOR A WHILE WITHOUT HOLDING ON TO THEM.



2

FOCUS ON A QUESTION

FOCUS FOR A MOMENT OR TWO ON THE QUESTION YOU WOULD LIKE TO ASK, OR THE ISSUE YOU WOULD LIKE SOME INFORMATION ABOUT, BEFORE YOU SELECT THE CARDS. THE MORE EFFECTIVELY YOU CAN BRING A RELAXED FOCUS TO THE ISSUE AT HAND AND CLEAR OTHER THOUGHTS FROM YOUR MIND, THE MORE INSIGHTFUL AND HELPFUL THE READING WILL BE.



3

MAINTAIN FOCUS

MAKE SURE YOU TAKE ENOUGH TIME TO RELAX AND COMPOSE YOURSELF BEFORE YOU BEGIN TO SELECT THE CARDS. YOU WILL BE AMAZED AT THE DIFFERENCE IT MAKES.



#4

BE SPECIFIC

THE MORE SPECIFIC AND FOCUSED YOUR QUESTION, THE MORE APPROPRIATE AND VALUABLE YOUR ANSWER WILL BE.

AGAIN, IT'S A FUNCTION OF SYNCHRONICITY. IF YOU APPROACH THE CARDS WANTING AN ANSWER TO A CERTAIN QUESTION, YET WHEN YOU SELECT THE CARDS YOU ARE THINKING OF 50 OTHER UNRELATED THINGS, THE ANSWER YOU GET WILL OFTEN NOT MAKE SENSE.



#5

READ BETWEEN THE LINES

IF THE LITERAL TEXT DOES NOT EXACTLY FIT YOUR QUESTION OR CIRCUMSTANCE, IT IS USUALLY FAIRLY OBVIOUS HOW YOU CAN 'READ BETWEEN THE LINES A LITTLE' AND TRANSLATE THE MESSAGE TO SUIT YOUR PERSONAL SITUATION.



6

DON'T OVERUSE

CONSULTING THE CARDS MANY TIMES A DAY, DAY AFTER DAY, IS COMPLETELY SELF DEFEATING, AS REPEATING A READING TOO SOON FOR THE SAME QUESTION WILL USUALLY CREATE MORE CONFUSION, NOT MORE CLARITY. A GOOD RULE OF THUMB:- UNTIL THE CIRCUMSTANCES SURROUNDING YOUR QUESTION HAVE CHANGED, DON'T ASK AGAIN!



6

BE LOGICAL

THERE ARE NO ABSOLUTES IN TAROT. USE YOUR READINGS AS
A KIND OF MIRROR - A WAY FOR YOU TO EXAMINE A
REFLECTION OF YOUR LIFE, THOUGHTS AND EMOTIONS AT
ANY GIVEN MOMENT IN TIME. MAKING CRITICAL LIFE DECISIONS
BASED ENTIRELY ON AN AUTOMATED ONLINE TAROT READING
WOULD PROBABLY NOT BE A GOOD IDEA!



#7

DON'T FEAR THE NEGATIVES

DON'T FEAR THE 'NEGATIVE' CARDS! SOME OF THE CARDS IN THE TAROT DECK ARE QUITE CHALLENGING TO RECEIVE IN A READING, HOWEVER, DON'T FEAR THEM, THEY ARE SIMPLY A REFLECTION OF CURRENT INFLUENCES AND OFTEN HAVE A POSITIVE SIDE TO THEM. SEEK UNDERSTANDING, EVEN WHEN THE OUTLOOK SEEMS BLEAK. THIS IS WHERE THE TRUE VALUE OF TAROT LIES.

